TERM 4 GYMNASTICS TIMETABLE

All Participants must be a PCYC Member and check-in at reception.

ALL KinderGym (KG) and JuniorGym (JG) classes run for 45mins

BOOK NOW

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am						GYM S&T | GYM A&R 8am	
9:00am			KG 2-3yrs (9:30am-10:15am)			KG | JG | GYM S&T 9am	
10:00am		KG 2-3yrs (10:30am-11:15am)	KG 2-3yrs (10:30am-11:15am	KG 2-3yrs 10:30am-11:15am		KG | JG | WAG Dev 10am	
11:00am		JG 3-4yrs (11:30am-12:15pm)	JG 4-5yrs 11:30am-12:15pm	JG 4-5yrs 11:30am-12:15pm		KG | JG | GYM A&R 11am	
						KG | JG 12pm	
4:00pm	GYM S&T (4pm-5pm)	WAG DEV (4pm-5pm)	GYM S&T (4pm-5pm)	GYM S&T (4pm-5pm)	GYM S&T (4pm-5pm)		
	TRAMP DEV (4pm-5pm)	WAG LVL 1 (4pm-5:30pm)	TRAMP DEV (4pm-5pm)	WAG LVL 1-2 (4pm-5:30pm)	WAG LVL 1-2 (4pm-5:30pm)		
	JNR TeamGym (4pm-5pm)			WAG LVL 3-4 (4pm-6pm)	WAG LVL 3-4 (4pm-6pm)		
5:00pm	GYM A&R (5pm-6pm)	BEG PARKOUR (5pm-6pm)	GYM A&R (5pm-6pm)	GYM A&R (5pm-6pm)	GYM A&R (5pm-6pm)		
	TRAMP BEG (5pm-6pm)	WAG LVL 2 (5:30pm-7pm)	TRAMP BEG (5pm-6pm)	BEG PARKOUR (5pm-6pm)			
	ACRO (5pm-6pm)	WAG LVL 3-4 (5:30pm-7:30pm)					
6:00pm	GYM Plus Br (6pm-7pm)	TRAMP ADV (6pm-7:30pm)	TRAMP ADV (6pm-7:30pm)	GYM Plus Br (6pm-7pm)	GYM Plus Br (6pm-7pm)		
	TRAMP ADV (6pm-7:30pm)	INT PARKOUR (6pm-7pm)		INT PARKOUR (6pm-7pm)	ADULT CLASS (6pm-7pm)		
		ADV PARKOUR (6pm-7:30pm)		ADV PARKOUR (6pm-7:30pm)			

CONTACT US: Email Lauren at lmund@pcycnsw.org.au or give us a call on 02 8998 5400

PCYC HORNSBY-KU-RING-GAI

REGISTERED CHARITY acnc.gov.au/charityregister