



# BOXING

## 2025 PROGRAM

### Junior boxing

Monday & Wednesday @ 4pm

### Teen boxing

Monday & Wednesday @ 4.45pm

1 class per week \$95 per Term | 2 classes per week \$140 per term

### Adults boxing for fitness & Strength

Tuesday, Friday & Saturday @  
9.30am | Monday & Tuesday @ 6pm |  
Thursday @ 5.30pm |

### Amateur boxing

Monday, Wednesday & Friday @  
5.30pm